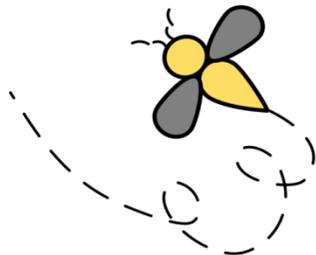


What is an ELSA

An ELSA is a specialist teaching assistant with a wealth of experience of working with children. ELSAs are trained and regularly supervised by the Educational Psychologists in your Local education authority. An ELSA is a warm and caring person who wants to help your child feel happy in school and to reach their potential educationally. Their aim is to remove the barriers to learning and to have happy children in school and at home.

ELSA's will help children learn to understand their emotions and respect the feelings of those around them. They can provide time and space for pupils to think about their personal circumstances and how they can manage them



ELSAs can help with

Loss and bereavement

Support through a serious illness

Self-esteem

Social skills

Emotions

Friendship issues

Relationships

Anger management

Behaviour

Anxiety

Bullying

Conflict

Relaxation techniques



www.elsa-support.co.uk

ELSA

Emootional

Literacy

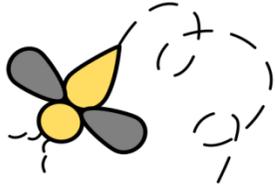
Support

Assistant

Mrs Richter



Individual session



The ELSA will plan their sessions for your child very carefully. The session consists of several parts.

Emotional check in

This is an opportunity to talk about feelings,

Main activity

The ELSA will plan the activity to a learning objective. Something your child will be able to do at the end of the session that they cannot do now. The ELSA will encourage your child to talk about their talents or personal characteristics such as 'kind', 'caring', 'helpful' or 'brave'. The child will then make something to reinforce those strengths.

Review

Sessions can be varied, depending on the child's needs at the time of the meeting. All progress is carefully and confidentially recorded. The ELSA will liaise closely with your child's teacher but also with the parent/carer.

At Barrow Hedges Primary School the ELSA's have a warm and positive attitude to children's wellbeing.

An ELSA's door is never closed!



Group session

The ELSA will plan their sessions for your child very carefully. The session consists of several parts, the first two parts consists of a circle-time where children sit in a circle and take turns to speak or a group activity.

Emotional check in

This is an opportunity to talk about feelings,

Warm up activity

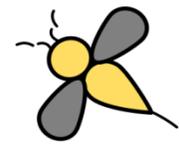
A fun game or activity to help relax your child.

Main activity

This is similar to the individual session but your child will be encouraged to work with other children. This helps with co-operation, social skills, friendship and gives a sense of belonging. A learning objective will be set for the group of children which they will all be able to answer at the end of the session.

Relaxation

Your child will be taught a relaxation exercise to help get them ready to go back to class.



Caterpillar Club



At The Meadows we also offer Caterpillar Club at lunch times. Children are invited via referral from class teachers or through an ELSA's own observations.

Sessions usually run for 6 weeks and are voluntary. They are intended to create a calm space for children who may find it difficult at playtimes to socialise or maintain friendships. We carry out a variety of group discussions, games, creative play and most of all have fun, whilst learning new social and communication skills.

If you would like further advice or wish to talk to an ELSA at The Meadows then please feel free to contact;

Mrs Richter Via the School Office

